

Statutory Elements on Relationships and Sex through PSHE

Government Guidance (2000)

1. Teach about relationships, love and care and the responsibilities of parenthood as well as sex;
2. Teach the taking on of responsibility and the consequences of one's actions in relation to sexual activity and parenthood;
3. Provide young people with information about different types of contraception, safe sex and how they can access local sources of further advice and treatment;
4. Use young people as peer educators, e.g. teenage mothers and fathers;
5. Give young people a clear understanding of the arguments for delaying sexual activity and resisting pressure;
6. Link sex and relationship education with issues of peer pressure and other risk-taking behaviour, such as drugs, smoking and alcohol;
7. Ensure young people understand how the law applies to sexual relationships.

Educators should also, based on the Equality Act 2010, make Relationship and Sex Education accessible to different; genders, sexualities, religions, races and to those with disability or special educational needs. The teaching of Relationship and Sex should build the self-esteem of students; in particularly with their sexuality or gender and with healthy decision making surround the above themes.

Year 7 PSHE Scheme	Lesson Name	Government Guidance Requirements
	B.7: Different types of relationships- family	1/5
	B.8: Media's view on relationships –friends and family	1
	B.9: Positive online relationship and risks	1/2
	B.10: Positive qualities of self	1
	B.11: Ingredients to a health friendship relationships	1
	B.12: Role of Friendship in Life	1
	C.11: Physical and Emotional changes	
Year 8 PSHE Scheme	Lesson Name	Government Guidance Requirements
	B.5: Different Levels of intimacy and Commitment	1/2/5
	B.6: Forming Boy/Girlfriend Relationships	1/2
	B.7: Peer Pressure and Commitment	1/6
	B.8: Digital Romance and Risk	1/2/6
	B.9: Catfish- Strangers Online	1/6
	B.10: Different Forms of Permanente Commitment	1/2/5
	B.11: Different Family Structures	1/5
	B.12: Benefits of Marriage and Family	1/5

Year 9 PSHE Scheme	Lesson Name	Government Guidance Requirements
	B.5: Diversity in Sexuality	1/7
	B.8: Reasons for relationship breakdown	1/2/6
	B.9: How to Breakup	1/2/6
	B.10: The Problem with Ghosting	1/2/6
	B.11: Outside Reactions	2/6/7
Year 10 PSHE Scheme	Lesson Name	Government Guidance Requirements
	B.4: Being a Parent	1/2
	B.5: Readiness for Parenthood	1/2
	B.6: Qualities of a good Parent	1/2
	B.7: Responsibility of Parenthood	1/2
	B.8: Why people might not want children	-
	B.9: Risks of Teenage Pregnancy	1/2/3/4/5/6/7
	B.10 Emotions and Breakups	1/2
	B.11: Family Break downs and effects on young people	1